

## THINKING ABOUT EPILEPSY • GRADE 5 PROGRAM AN INTRODUCTION



Imagine a world with no stigma, no discrimination; a world where no one is isolated due to their differences or abilities. Through our awareness and education in-service program together we can initiate change and make this a reality.

The 'Thinking about Epilepsy' program is designed to equip students with information and knowledge to build an inclusive community of empathy and understanding surrounding Epilepsy. Keeping with specific expectations of the Grade 5 Ontario Curriculum in the Science Human Organ System and Health streams, Epilepsy Durham Region will answer - What is Epilepsy? Students will learn about the different types of seizures, seizure first aid, as well as potential causes and how one is diagnosed with Epilepsy.

Epilepsy is both a hidden disability and an episodic disease. There are over 2,000 different types of seizures which vary in frequency and intensity. The child who is affected often feels isolated and 'different' from the rest of the class. They may live in fear that they will have a seizure in front of their peers. By building an accurate knowledge of what Epilepsy is, and teaching students what they can do to help an individual living with seizures the school community will be a safe environment for youth with epilepsy to learn and grow.



Register your school for a 'Thinking about Epilepsy Program' presentation today. We look forward to working together to educate students, create and seizure smart school, and empower people living with Epilepsy.

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