## EPILEPSY AND THE BRAIN



Inside your head, behind your eyes, is an amazing machine – your brain! Your brain is made up of billions cells called neurons. These neurons help your brain to control your entire body by sending messages to one another.

When someone has epilepsy, sometimes these neurons become overactive and send too many messages at once or messages that aren't wanted – this is what is happening during a seizure.

## Having a seizure is a bit like getting confused in a maze

Directions: Help the neurons in the brain find the path to send messages to other parts of the body.

