

EPILEPSY FACT SHARING



Raising Epilepsy Awareness starts with you! Share some of these Epilepsy Facts as school announcements leading up to March 26th, and let your purple spirit shine through for Purple Day!

Sample School Announcement Facts

- Did you know that 1 in 100 people have epilepsy? That means there are probably students at this school who have epilepsy themselves or have a family member with epilepsy. Let's unite and show our support for people affected by epilepsy this March.
- March is Epilepsy Awareness month and Purple Day for Epilepsy is on March 26th – a worldwide day dedicated to spread awareness and knowledge about epilepsy. We would like to invite all students and staff to wear purple on March 26th to celebrate!
- Did you know that you do not need to be born with epilepsy? Anyone can develop epilepsy at any point in their life. Epilepsy affects babies, children, teenagers, adults and seniors – even animals can develop epilepsy.
- Epilepsy is diagnosed when a person experiences seizures. A seizure is a sudden burst of extra electrical messages in the brain that cause the body to become confused. 1 in 10 people will have a single seizure in their life
- Not all seizures look the same! Seizures will look different depending on what part of the brain is involved.