

PARTICIPANT PACKAGE



PULLING TOGETHER

FOR EPILEPSY

TANK PULL FUNDRAISER

Thank you for joining the frontlines of the Pulling Together for Epilepsy Tank Pull fundraiser – we're so glad you're here! This event promises to be a challenge of strength, competition, teamwork, and determination. Together, we can work towards a barrier-free world for everyone affected by epilepsy.

OUR GOAL:

With 16 teams of 10 pledging to **raise a minimum of \$2,500**, Epilepsy Durham Region's goal of **raising a total of \$40,000** for local epilepsy programs and services will become a reality. To assist you with this mission, we have created an online platform in which you and your teammates can register and fundraise both individually or as a team. We will also provide you with materials and messaging along the way to help simplify your fundraising challenge including email templates, graphics, and motivating team messaging.

LET'S GET THE TANKS IN MOTION, AND HOPE IN ACTION!

ABOUT EPILEPSY DURHAM REGION:

Founded in 1987, Epilepsy Durham Region is an innovative, progressive, community-based charitable organization dedicated to fostering a safe and healthy community by enhancing and supporting the well-being of adults, children, youth, and families affected by epilepsy. As a registered non-profit, EDR provides tailored support to strengthen clients' ability to manage the physical, psychological, and social effects of epilepsy, with extensive expertise in system navigation, advocacy, and mental health concerns. We deliver education, support, and social programs to individuals, caregivers, and families that are impacted by epilepsy and its co-existing conditions in all eight municipalities of Durham Region.



Epilepsy is one of the most common neurological conditions, affecting 1 in 100 people worldwide. While the many physical detriments of living with epilepsy can be catastrophic, they are equally matched by the psychological, social, and cognitive impacts of this disease. People living with epilepsy not only live with a physical disability, but also an increased risk of mental health conditions like anxiety, depression, and suicide ideation; this is only amplified by the social isolation people with epilepsy experience as this condition is so often misunderstood and stigmatized.

Epilepsy Durham Region plays a critical role in overall epilepsy care, creating an education and social support system for people with epilepsy, ensuring they feel empowered and confident in the management of their diagnosis.

Caring individuals **LIKE YOU** are needed in order to ensure that vital programs and support services for people affected by epilepsy and their families exist at a community level and free of charge. By taking part in this event and getting the tank in motion, you are taking action, creating hope, shattering stigmas, and igniting change for individuals and families impacted by epilepsy in our community.



PULLING TOGETHER TO MAKE A DIFFERENCE

OFFLINE PLEDGES

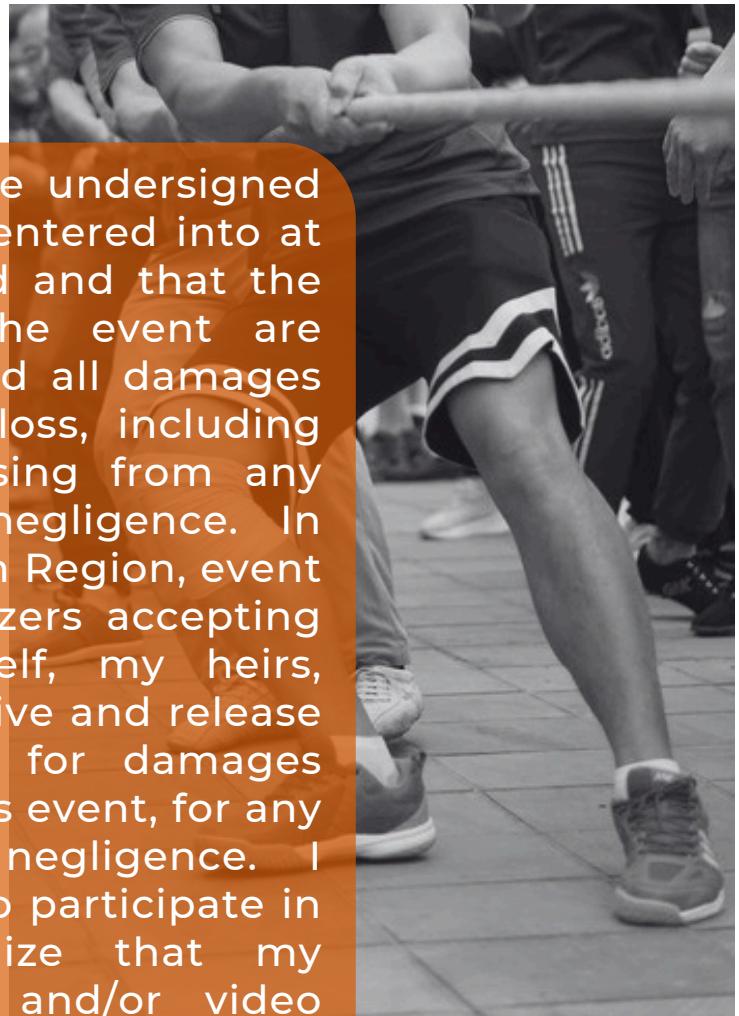
While Epilepsy Durham Region has built out an online peer-to-peer platform to enhance your fundraising, we recognize that many potential donors would prefer to support you with cash or cheque. Please utilize this offline pledge form for any donations collected separately from your online fundraising page, and ensure that ALL donor contact details are provided for charitable tax receipting purposes. We kindly ask that you arrange delivery of offline funds with an EDR staff member by Thursday, October 15, 2026. ****Please note, Epilepsy Durham Region will provide a charitable tax receipt for all offline donations of \$20.00 or more.**

Full Name	Mailing Address	Email	Donation Type	Pledge (\$)

Please email director@epilepsydurham.com to make arrangements to provide this completed pledge form with the participant name clearly identified on the form to a member of EDR staff. Please ensure all cheques are made payable to Epilepsy Durham Region.

PULLING TOGETHER FOR EPILEPSY TANK PULL WAIVER

It is expressly understood by the undersigned that this Tank Pull Challenge is entered into at the sole risk of the undersigned and that the organizers and sponsors of the event are exempt from liability for any and all damages sustained and all injuries and loss, including personal and property loss arising from any cause whatsoever, including negligence. In consideration of Epilepsy Durham Region, event sponsors, volunteers and organizers accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claim for damages sustained by me as a result of this event, for any cause whatsoever including negligence. I warrant that I am physically fit to participate in this event. I hereby recognize that my photograph, electronic image and/or video image may be captured during this event. I give permission to the organizers and their volunteers to use these images through any media at any point in time. I assign and transfer the organizers any and all rights, including copyright. I acknowledge having read, understood and agreed to the above waiver, release and indemnity.



PLEASE NOTE, THIS WAIVER MUST BE SIGNED AT THE EVENT TO
PARTICIPATE IN THE PULLING TOGETHER FOR
EPILEPSY TANK PULL CHALLENGE





TERMS AND CONDITIONS

PULLING TOGETHER FOR EPILEPSY TANK PULL TERMS AND CONDITIONS

These terms and conditions (the "Terms"), apply to all Participants of the Pulling Together for Epilepsy | Tank Pull Event.

Your registration and attendance for this event indicates your agreement to these Terms.

1. Individuals that enter this event are committing to raising a minimum of \$250 individually and/or an overall total of \$2,500 to the Team and its members in aggregate by Thursday, October 15, 2026, in order to participate in the event.
2. If the team or individual is unable to participate for any reason, or if the team or individual has not met the minimum donation threshold by Thursday, October 15, 2026, all funds received will be considered a donation to Epilepsy Durham Region and requisite tax receipts will be issued accordingly.
3. A team may have unlimited participants to fundraise for this event, however, it is the Team Captain's sole responsibility to select a maximum of 10 team members to participate in the Pulling for Epilepsy Tank Pull.
4. All participants must sign a waiver prior to participating in the event on Saturday, October 17, 2026. Participants must be 16 years or older; all participants under the age of 18 must have their waiver signed by a legal guardian.



LET'S DO THIS

PULLING TOGETHER FOR EPILEPSY

Detailed itinerary to follow